

# PEAK BJJ & KICKBOXING MARCH 2025



**\$15 DROP-IN FEE FOR NON-MEMBERS. THIS INCLUDES OPEN MAT**

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
6-8AM	6:30-7:30AM ADULT CARDIO KICKBOXING					6:30-7:30AM ADULT BJJ	
9-10AM						8-9AM WOMEN BJJ	
10-11AM						9-10AM ALL KIDS NO-GI	
12PM	12-1PM ADULT BJJ					10-11AM ADULT NO GI	
4-5PM		4:30-5:30PM KIDS KICKBOXING (9-16)	4:00-4:30PM MM & HS GIRL WRESTLING			12-1PM 42 DAY WARRIOR CHALLENGE	
5:30PM		5:30-6:30PM ADULT MUAY THAI	5:30-6:30PM TINY TIGERS BJJ	5:30-6:30PM TINY TIGERS BJJ			
6PM	6PM WOMEN BJJ		6:15-7PM TOUGH WARRIORS BJJ	6:15-7PM TOUGH WARRIORS BJJ	6-7PM COMPETITION PREP CLASS		
7PM	7-8PM 42 DAY WARRIOR CHALLENGE		7-8PM ADULT MUAY THAI	7-8PM ADULT BJJ			
8PM	8-9PM OPEN MAT		8-9PM OPEN MAT	8-9PM 42 DAY WARRIOR CHALLENGE			

## SCHEDULE ADDITIONS/EXCEPTIONS

### NO CLASSES:

- 3/3- NO 6:30AM CLASS
- 3/14- NO CLASSES
- 3/17- NO 6:30AM CLASS
- 3/29-31- NO CLASSES SPRING BREAK

- WED ADULT MUAY THAI STARTS 3/12
- SEMINAR- SAT MAR 22, 12PM KIDS BULLY PROOF SEMINAR. \$50
- MM & HS GIRLS WRESTLING- 1ST CLASS MON 3/10. 2ND CLASS THUR 20TH. WED SCHEDULE STARTS THE 26TH. NO COST FOR MEMBERS. \$45 PER MONTH FOR NON-MEMBERS

**458 WASHINGTON ST, AFTON**

**760-672-1104**

**PEAKFITNESSBJJ@GMAIL.COM**

**WWW.PEAKFITNESSBJJ.COM**